

Promoting the Arts throughout Nevada



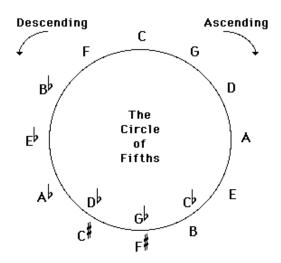
This exercise is designed to be played with a metronome.

4 Mallet Cord Inversions

This exercise is designed to work the player's four mallet independents through all major scales. It can be broken up by scale or played all in row. To challenge yourself start on a scale other that "C" and continue through the circle of fifths (provided at bottom). The circle of fifths gives a musician a quick reference to a lot of information about all 12 major scales. Each scale name (i.e. "C") is a fifth higher than the previous scale name.

Repeat the exercise at ALL Dynamic levels and mix up the tempos. Start out slow and gradually get faster while changing the dynamic being focused on. Also use crescendos and decrescendos either within each scale or through the entire exercise.

Make sure the wrist is rotating allowing the striking mallet to rebound the other mallet in that hand. A relaxed wrist and elbow are the keys to success. Do not play any faster than you can play accurately and with a good quality of sound.



You can always contact us with questions or comments: info@envisionarts.org

4 Mallet Chord Inversions (All Major Scales)

Mallets

Intermediate Exercise

