

Jack Sprat Low-fat World Tour

by John Forster and Michael Mark

Heavy metal feel ♩ = 76

stomp, stomp, clap! stomp, sromp, clap! stomp, stomp, clap! Stimp, stomp, clap!

3 (Stomp, stomp clap! continues) **All sing:**

Jack Sprat Low - fat, Jack Sprat Low - fat World Tour

(Stomp, stomp clap! continues)
N.C.

7 **Shout!**

Jack Sprat Low - fat, Jack Sprat Low - fat World Tour

9 Double time fast rock ♩ = 152

(Guitar) MC:
Well, hey

13 **Jack:**

there ev - ry - bod - y, we're here on a mis - sion that's much too big to con - ceal; to

17 **F/E^b** **B^b/D** **Gloria:**

help you learn a-bout good nu-tri-tion be-fore you have your ver-y next meal. From

21 **B^bm/D^b** **A^b/C** **A^bm/C^b** **Gsus4** **All:**

kitch-en to lunch-room to fast food joint, we're get-tin' the word out, we're mak-in' our point. We're the

25 **Half-time**

Jack Sprat Low-fat, Jack Sprat Low-fat World tour Jack Sprat Low-fat, Jack Sprat Low-fat World Tour.

N.C.

29 **Gloria:** **All:**

Cunch, crunch, crunch. Everybody! (Crunch, crunch, crunch)

N.C.

31 **Gloria:** **All:** **Gloria:**

Ev-'ry-bod-y's got-ta eat lunch. Ev-'ry-bod-y's got-ta eat lunch. Ya

33 **All:** *Shout!* **MC:**

got-ta eat lunch, that's un-derstood but ya got-ta eat good lunch to feel good. Now

35 **N.C (rhythm only)** **All:** **MC:**

ev-ry once in a while you're gon-na wan-na eat a piz-za, and

36 **All:** **MC:**

ev-ry once in a while you're gon-na want some cake. Now

37 **All:** **MC:** **All:**

ev-ry once in a while is ev-ry once in a while, but ev-ry sing-le day, that's a big mi-stake!

Double time rock instrumental

39 **B^b**

43 **C/B^b** **F/A**

47 **Fm/A^b** **D^b**

