

# DRUMMER ESSENTIALS

- Rock
- Latin
- Jazz
- Funk
- Double Bass
- Drum Fills
- And more!

**By Rick Kettner**

\$20 CDN  
\$15 USD

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# **Basic Theory**



# Guide to Basic Drum Theory

www.DrummerSecrets.com

In this basic drum theory lesson we will cover simple time counting in 4/4. You will learn to count quarter notes, eighth notes, and sixteenth notes and then how to count combinations of them. When first learning you should count out loud as you play various drum beats (plus sign is read out loud as "and"). Also, take notice of the lines and double lines that connect eighth and sixteenth notes together. This helps you tell the two apart at first glance.

## Quarter Notes - Four Per Measure

1 2 3 4 1 2 3 4

## Eighth Notes - Eight Per Measure

1 and 2 and 3 and 4 and 1 and 2 and 3 and 4 and

## Sixteenth Notes - Sixteen Per Measure

1 e + a 2 e + a 3 e + a 4 e + a 1 e + a 2 e + a 3 e + a 4 e + a

## Quarter/Eighth Note Combinations

1 2 3 and 4 and 1 2 and 3 4 and

## Eighth/Sixteenth Note Combinations

1 and 2 and 3 e + a 4 e + a 1 and 2 e + a 3 and 4 e + a

## Quarter/Eighth/Sixteenth Note Combinations

1 2 and 3 e + a 4 + a 1 2 and 3 e + 4

# **Rock Drumming**

# Rock Drumming - Lesson One

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson is designed to introduce you to rock drumming. As the first in the Rock Drumming section, it starts you off with Rock beats in their simplest form. All beats are counted in 4/4 as quarter notes and should be counted out loud while you are first learning them.

Key things to remember include:

- 1 - Practice the beats with a click track to train yourself to play in perfect time.
- 2 - Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 3 - Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4 - Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5 - Have fun and play some of these beats along with your favorite tunes.

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# Rock Drumming - Lesson Two

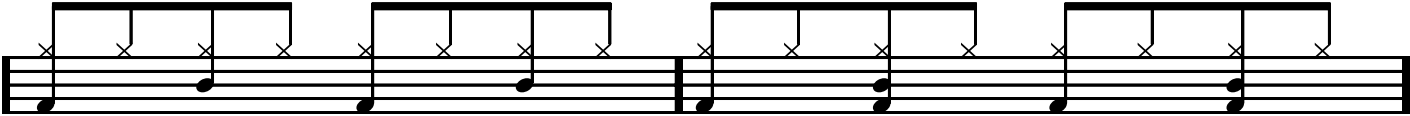
Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson takes rock drumming to the next level. All the beats on this pack are counted in 4/4 as eighth notes which should be counted - "one, and, two, and, three, and, four, and". They are all based around kick drum pattern changes to help you create basic kick independence. Master these grooves and you will be well on your way to becoming a solid rock drummer.

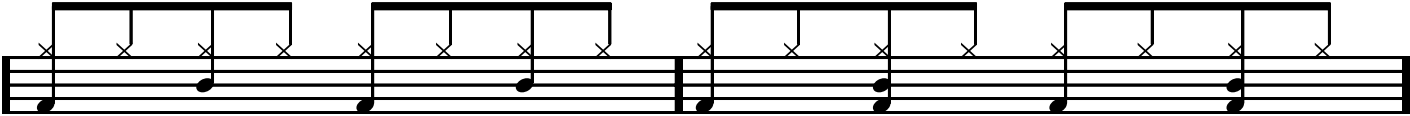
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- 2 - Count out loud and repeat each beat until you can play it perfectly 3x in a row.
- 3 - Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4 - Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5 - Have fun and play some of these beats along with your favorite tunes.

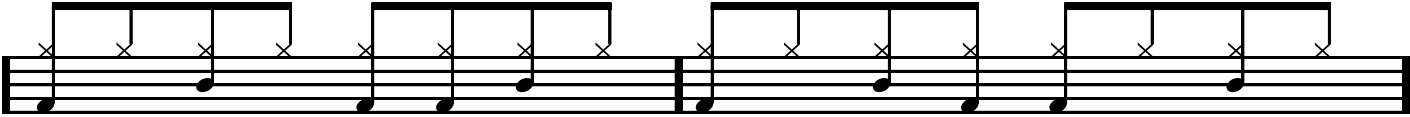
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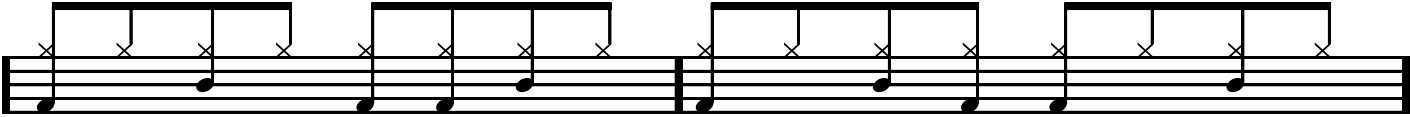
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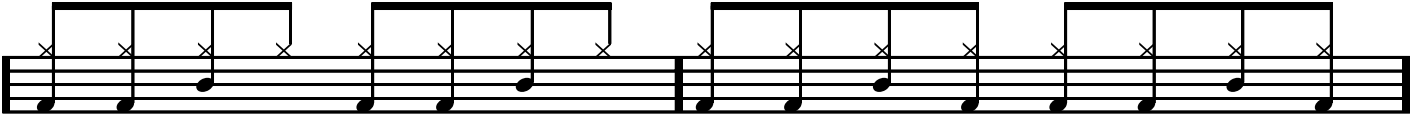
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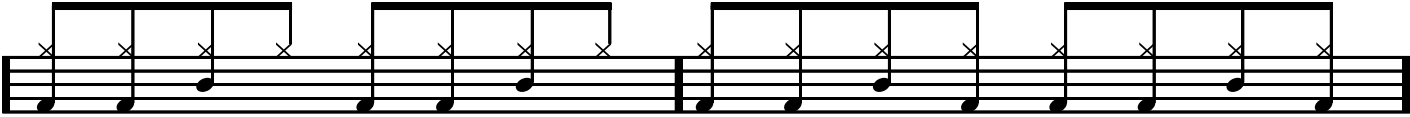
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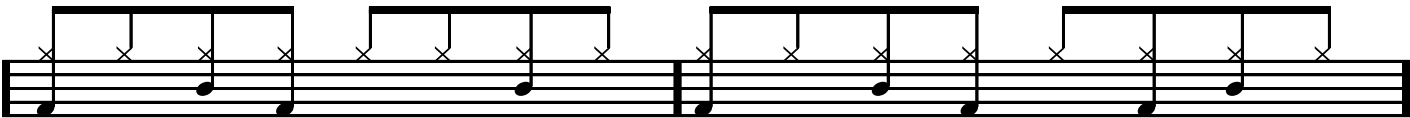
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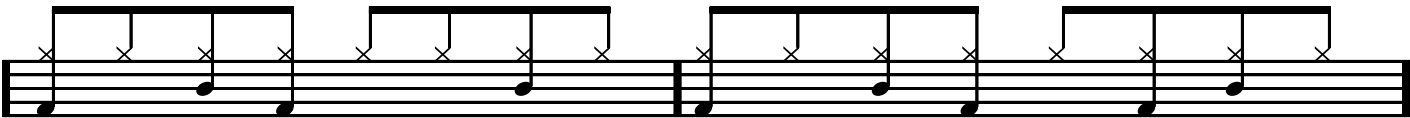
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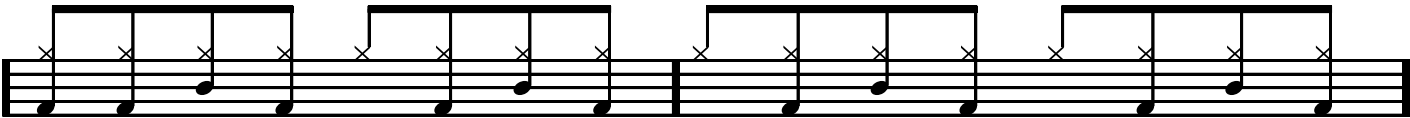
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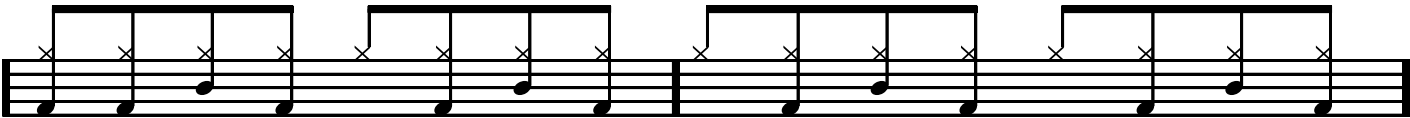
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# Rock Drumming - Lesson Three

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson features some fairly creative Rock beats. All of the grooves are counted in 4/4 as eighth notes, but include added complexity overall. The patterns start out relatively simple, but begin get harder as the kick and snare patterns begin to shift. You are sure to come across some unique beats here that will give you some new ideas when developing grooves of your own.

Key things to remember include:

- 1 - Practice the beats with a click track to train yourself to play in perfect time.
- 2 - Count out loud and repeat each beat until you can play it perfectly 3x in a row.
- 3 - Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4 - Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5 - Have fun and play some of these beats along with your favorite tunes.

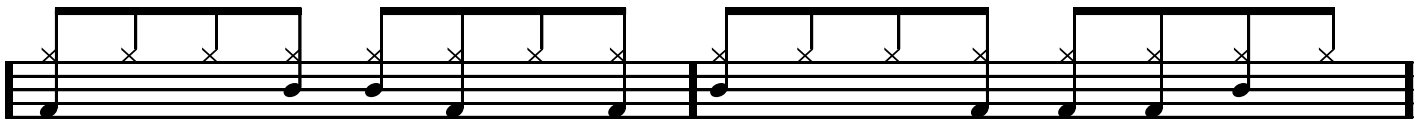
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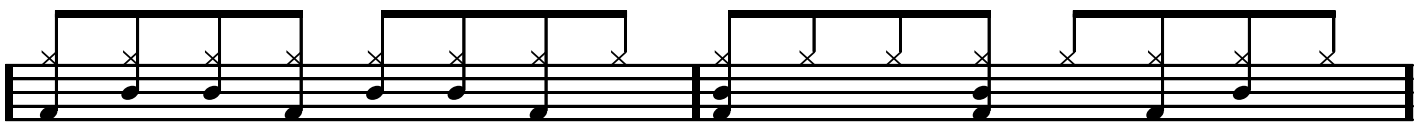
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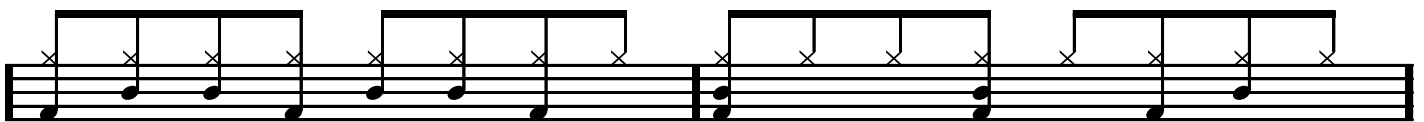
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# Rock Drumming - Lesson Four

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson adds further complexity to the Rock beats by including sixteenth notes. These are also the first beats in this series where the kick drum patterns aren't always lining up with a hi-hat stroke. All beats are still in 4/4, but are now counted in combinations of eighth and sixteenth notes. Sixteen notes are generally counted "one, e, and, a, two, e, and, a, three, e, and, a, four, e, and, a".

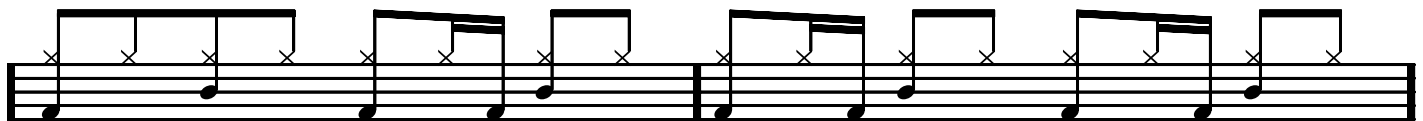
Key things to remember include:

- 1 - Practice the beats with a click track to train yourself to play in perfect time.
- 2 - Count out loud and repeat each beat until you can play it perfectly 3x in a row.
- 3 - Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4 - Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5 - Have fun and play some of these beats along with your favorite tunes.

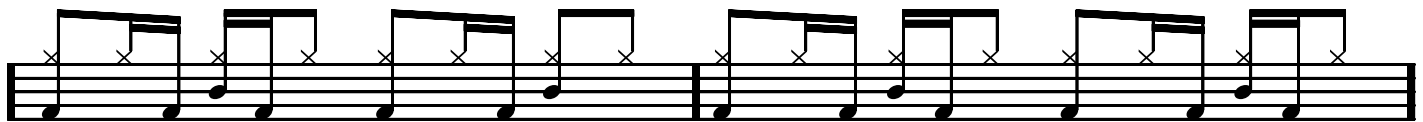
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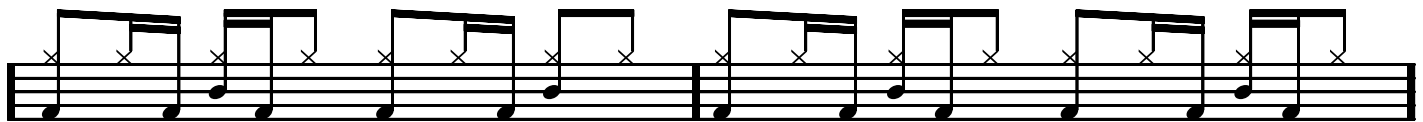
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# Rock Drumming - Lesson Five

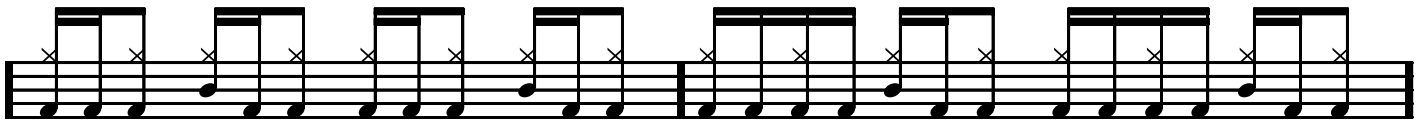
Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson includes a wide range of beats that are sure to push your drum skills to the next level. As with the last lesson - all the beats in this pack are 4/4 in combinations of eighth and sixteenth notes. Together they are designed to improve you kick foot control and overall independence. These grooves are fairly complex, so be sure you master them one at a time.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

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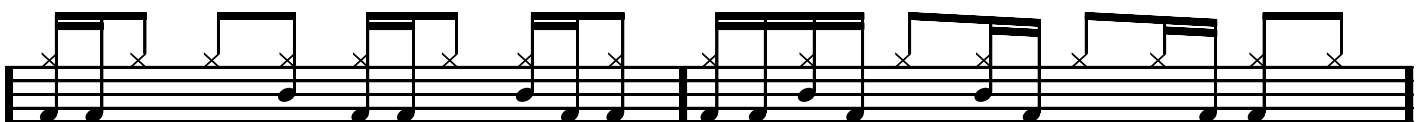
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# Rock Drumming - Lesson Six

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson is designed to improve your snare control within Rock playing. All the beats in this pack page are 4/4 in combinations of eighth and sixteenth notes. The kick patterns are relatively simple, but the unique snare change-ups create some interesting grooves. This is sure to build up your snare-hand speed, control, and independence.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

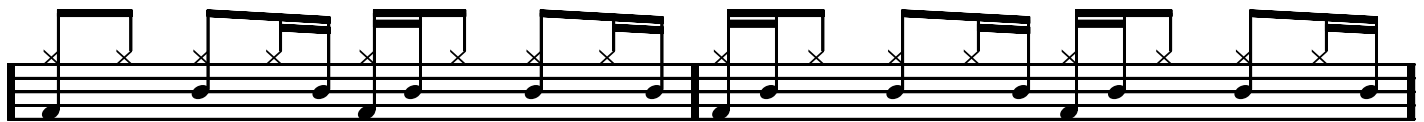
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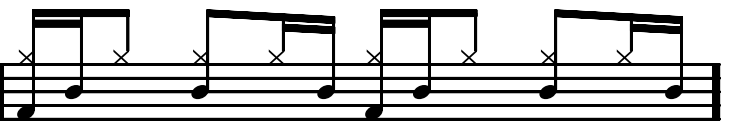
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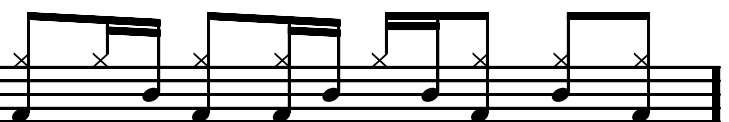
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# Rock Drumming - Lesson Seven

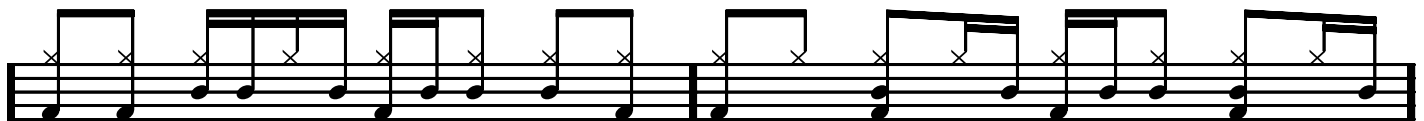
Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson takes snare control to the next level. All the beats in this pack are played in 4/4 as combinations of eighth and sixteenth notes. The patterns are sure to challenge your snare hand to all new levels of control. Master these beats and you will definitely be a step above the average rock drummer!

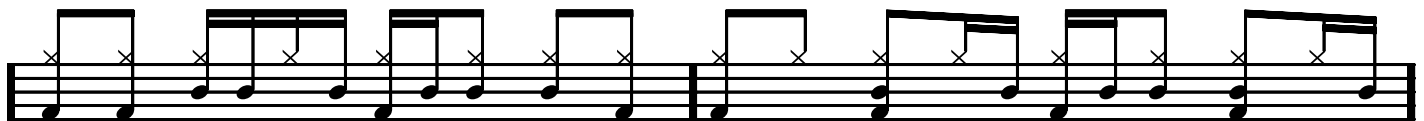
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

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# Rock Drumming - Lesson Eight

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson continues where the last left off - adding even more complexity. All beats are in 4/4 as combinations of eighth and sixteenth notes. The snare and kick patterns get slightly more complex, and will further assist in developing your limb independence. Many of these beats may not seem applicable to average rock, but they are still very important to learn. The skills you develop here will go a long way to improving your drum abilities.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

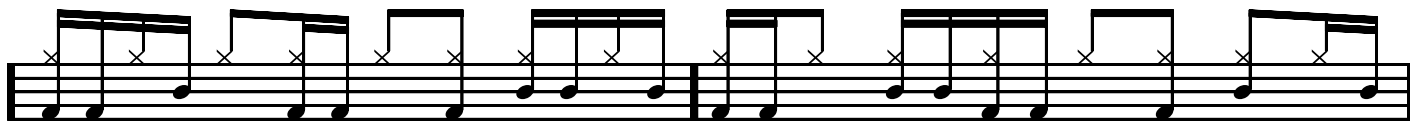
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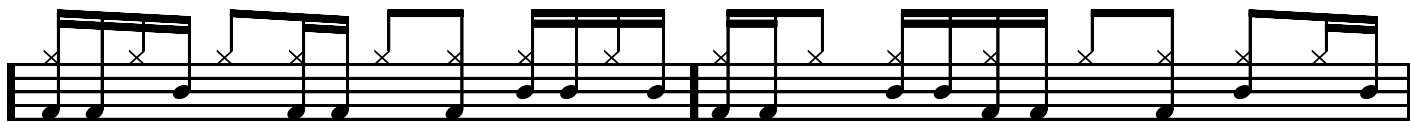
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# Rock Drumming - Lesson Nine

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson begins to layer kick and snare patterns together in more complex ways. As with previous lessons - all of the beats are 4/4 with combinations of eighth and sixteenth notes. The kicks and snare hits line up in new and more challenging ways, but the overall concept is the same. Just remember to focus on playing these beats with as much groove as you would any plain and simple pattern. Everything should feel as natural and loose as possible.

Key things to remember include:

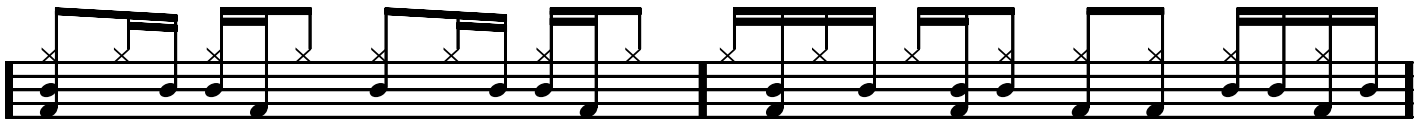
- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

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# Rock Drumming - Lesson Ten

Sponsored by - [www.RockDrummingSecrets.com](http://www.RockDrummingSecrets.com)

This lesson combines all that you've learned so far into some new and unique patterns. These grooves will further enhance your independence while pushing you to continue thinking in new and creative ways. All beats are in 4/4 as eighth and sixteenth notes, and simply add new elements for you to conquer.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.





# **Jazz Drumming**

# Jazz Drumming - Lesson One

Sponsored By - [www.JazzDrummingSecrets.com](http://www.JazzDrummingSecrets.com)

This lesson will guide you through the basics of Jazz drumming. It starts out with the basic ride and hi-hat foot pattern and goes on to show you how to add the kick and snare patterns over top of it. The grooves are in 4/4 as eighth note triplets counted "one, and, a, two, and, a, three, and, a, four, and, a". However, the feel and flow of the pattern is more like "one... two... a, three... four... a, one" (overlapping on the one to start the repeat).

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

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# Jazz Drumming - Lesson Two

Sponsored By - [www.JazzDrummingSecrets.com](http://www.JazzDrummingSecrets.com)

This lesson follows where the last one left off. It continues to build on the basic ride and hi-hat foot pattern, but now begins to add snare and kick strokes outside of that pattern (the snare and kick don't always land on a ride or hi-hat foot stroke). This adds significant complexity and should only be attempted once you have a solid grasp of the basic jazz foundation. All the beats are still in 4/4 using eighth note triplets.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

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# Jazz Drumming - Lesson Three

Sponsored By - [www.JazzDrummingSecrets.com](http://www.JazzDrummingSecrets.com)

This lesson adds additional complexity over the basic Jazz pattern. It will challenge you to do more with your snare and kick drum while keeping the Jazz pattern grooving in the background. Remember to relax while playing the drums - especially Jazz music. It's more about the feel of the strokes than the actual hitting of the various drums. Try listening to some classic Jazz tracks if you want to improve your ear.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

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# Jazz Drumming - Lesson Four

Sponsored By - [www.JazzDrummingSecrets.com](http://www.JazzDrummingSecrets.com)

This lesson contains another set of variations ovetop of the basic jazz pattern. All the beats are 4/4 as eighth note triples like previous lessons, but include some unique kick and snare patterns designed to push your limb independence to the next level. Master these grooves and you will be well on your way to becoming a solid jazz drummer.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

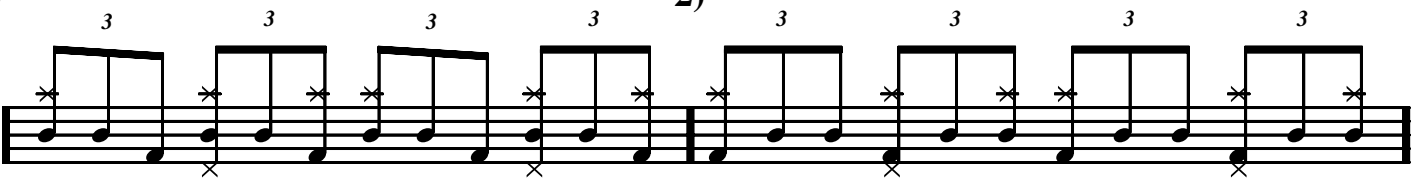
# Jazz Drumming - Lesson Five

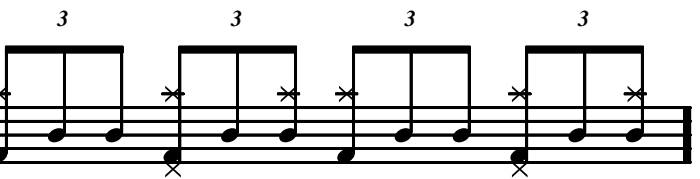
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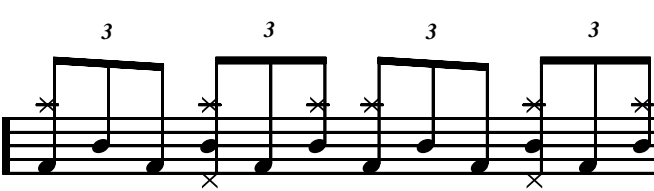
This lesson continues to build on limb independence over the basic jazz pattern. These patterns may appear easier than some of the previous lessons, but can be significantly harder to play. The kick and snare patterns on their own are fairly simple, but become more difficult when combined with the jazz groove holding it all together. As with past lessons - all of the beats are played in 4/4 as eighth note triplets.

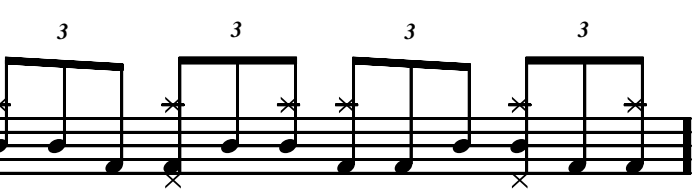
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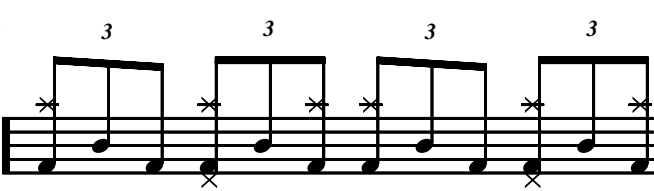
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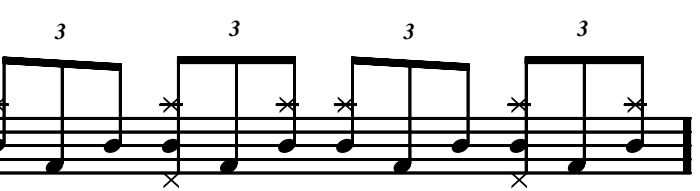
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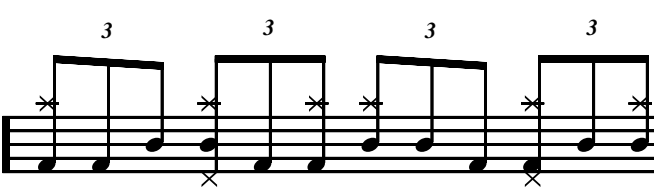
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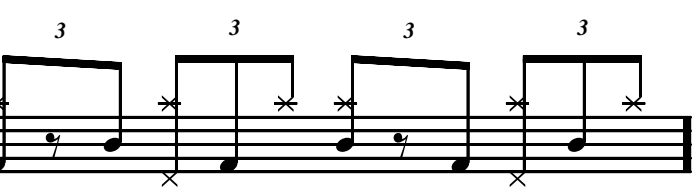
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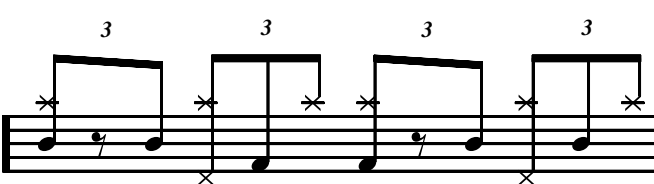
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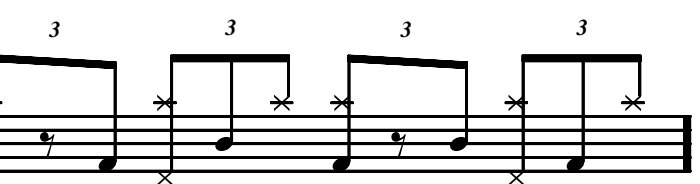
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# **Latin Drumming**

# Latin Drumming - Lesson One

Sponsored By - [www.LatinDrummingSecrets.com](http://www.LatinDrummingSecrets.com)

This lesson guides you through five progressive steps to build a classic bossa nova groove. As the first lesson in the latin drumming series - this page is designed to help you get a feel for the style. Work your way through this page and you will be ready to tackle some of the more complex patterns to come.

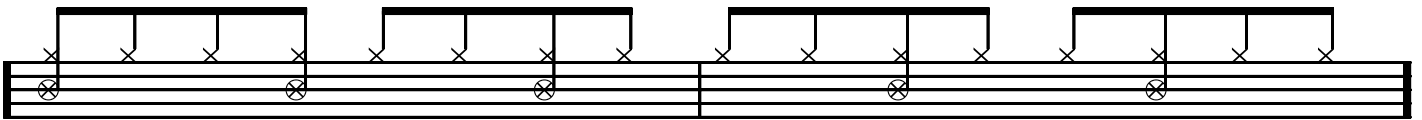
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

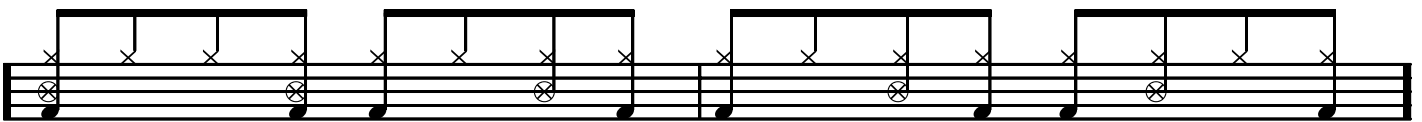
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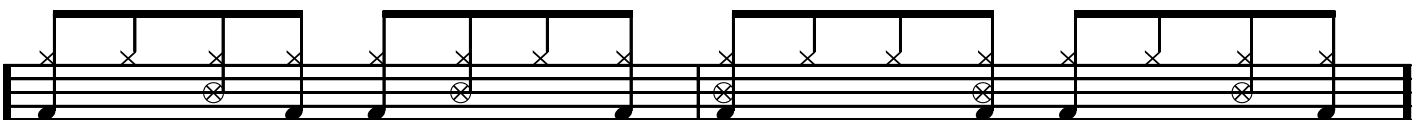
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# Latin Drumming - Lesson Two

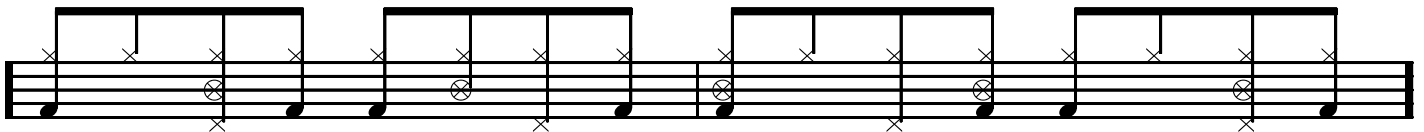
Sponsored By - [www.LatinDrummingSecrets.com](http://www.LatinDrummingSecrets.com)

This lesson builds on the bossa nova groove covered in the last lesson. You will be adding in parts with the left foot, and eventually playing more complex patterns with the ride-cymbal. Be sure you take your time through these beats as they can become quite difficult to play as you progress through the page.

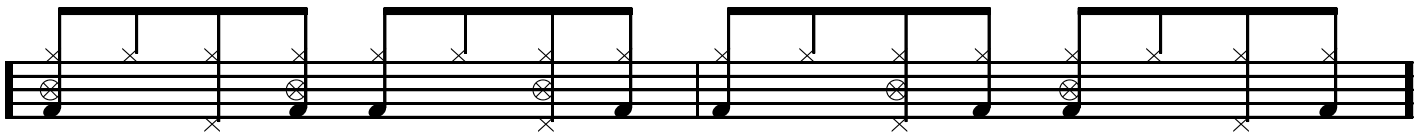
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

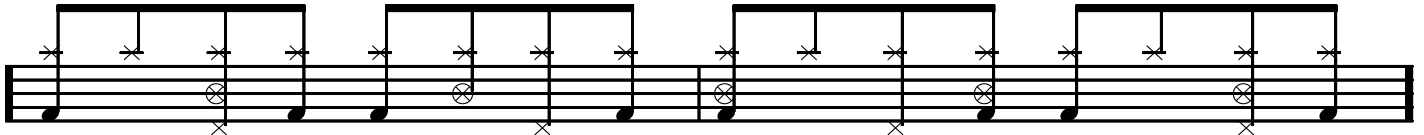
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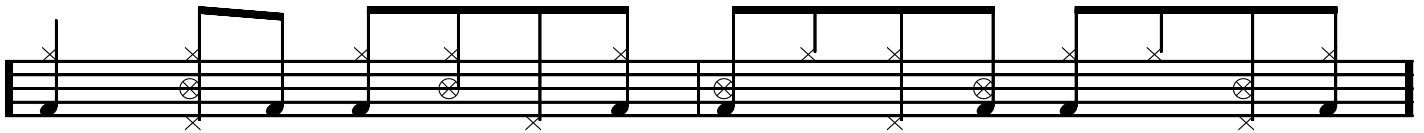
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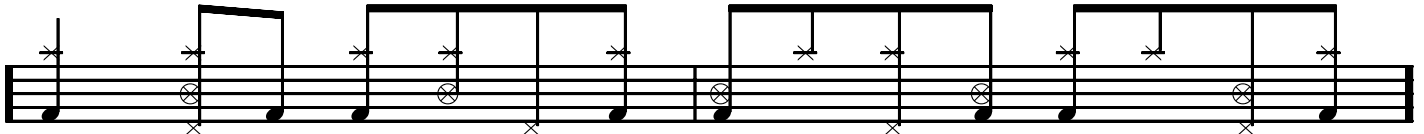
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# Latin Drumming - Lesson Three

Sponsored By - [www.LatinDrummingSecrets.com](http://www.LatinDrummingSecrets.com)

In this lesson you will learn several simple Songo beats. They are structured as two bar phrases that slowly build off each other - getting progressively more complex. These beats are normally played at faster tempos, but should be first mastered at slower speed.

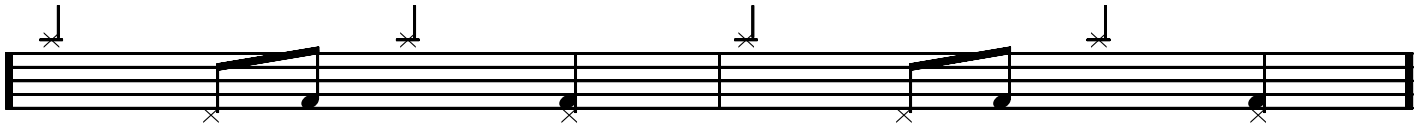
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

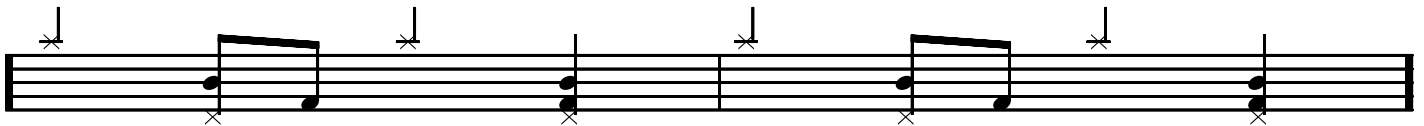
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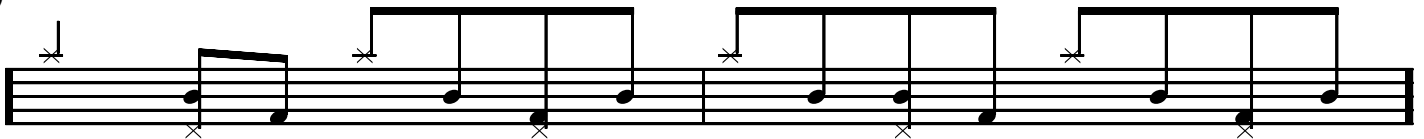
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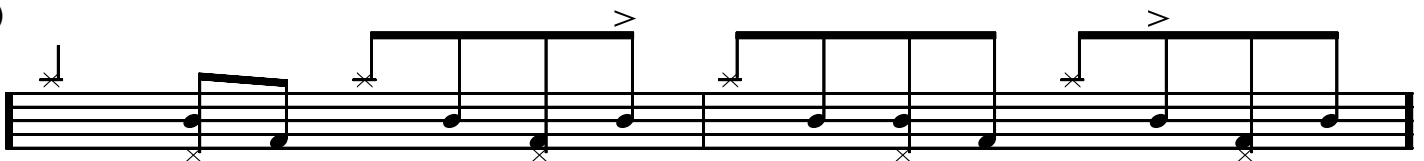
3)



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# Latin Drumming - Lesson Four

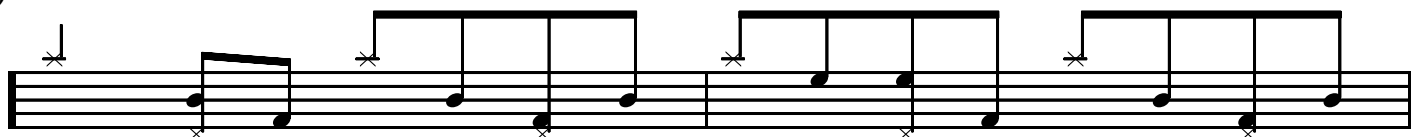
Sponsored By - [www.LatinDrummingSecrets.com](http://www.LatinDrummingSecrets.com)

This lesson continues where the last left off - with more Songo beats. Like the last group, these are normally played at faster tempos, but should be learned at a slower pace. For added complexity, you can play these beats with your right hand on the hi-hat (taking out the open hi-hat on 2 and 4 if you so desire).

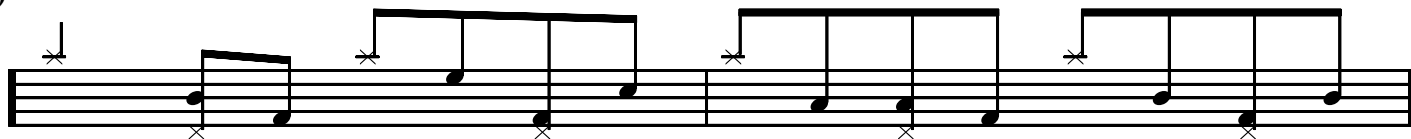
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

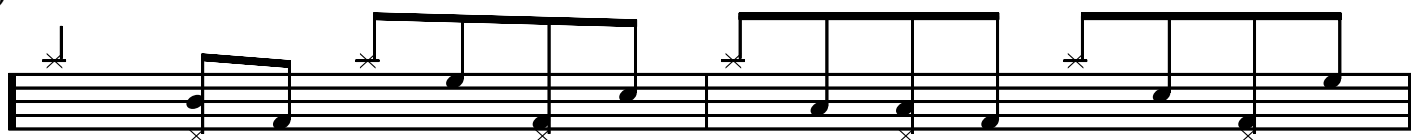
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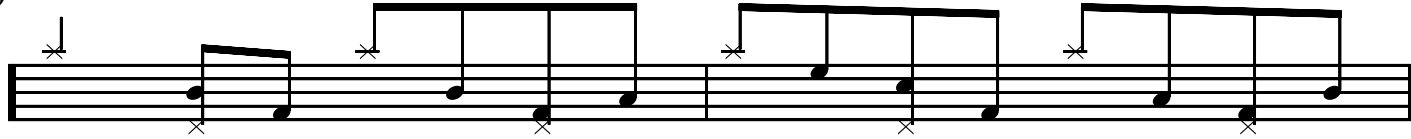
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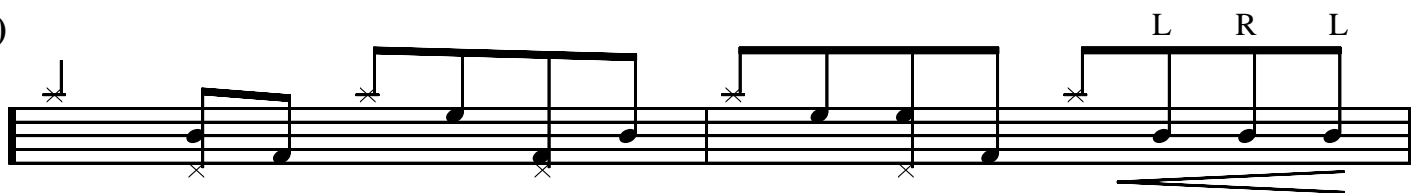
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# **Funk Drumming**

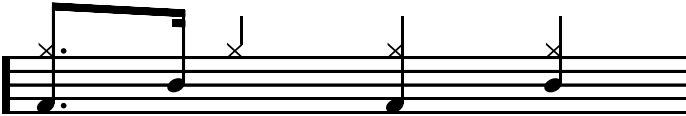
# Funk Drumming - Lesson One

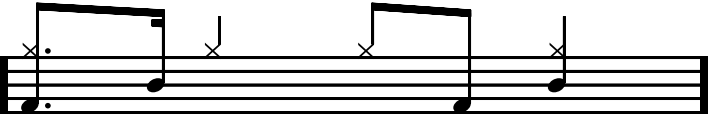
Sponsored By - [www.FunkDrummingSecrets.com](http://www.FunkDrummingSecrets.com)

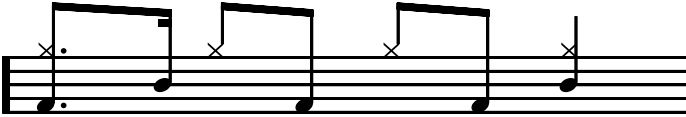
This lesson is a basic introduction to Funk drumming. The beats are pretty straight forward and are based around hitting the first snare shot on the "a" of the one count (instead of being right on the two count). You might consider getting some funk records to play along with. It can sometimes help to understand where the groove and emphasis sits.

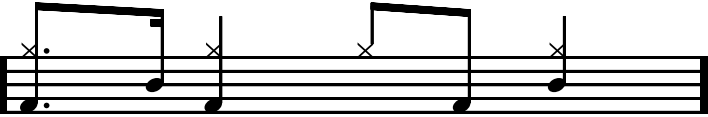
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

1) 

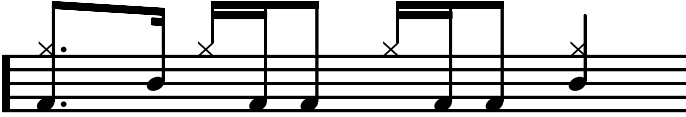
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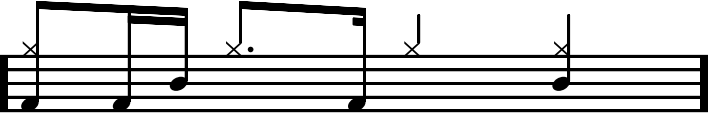
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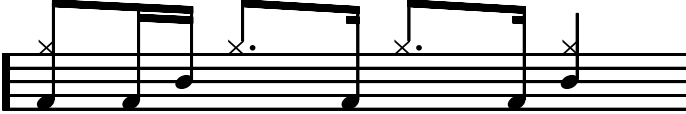
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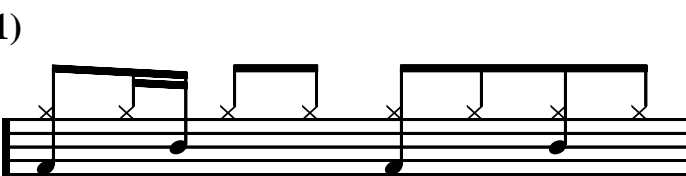
# Funk Drumming - Lesson Two

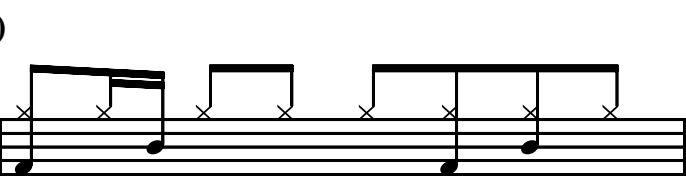
Sponsored By - [www.FunkDrummingSecrets.com](http://www.FunkDrummingSecrets.com)

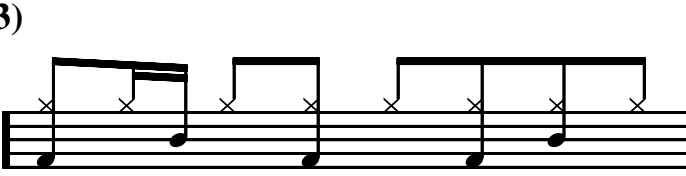
This lesson picks up where the last one left off. It is still based around the basic Funk concept of hitting the first snare shot on the "a" of one, but now with the hi-hats being played as eighth notes. Once you've mastered the beats on this page you should be fairly comfortable with the style of music, and may consider creating some of your own grooves based around the same beat structure.

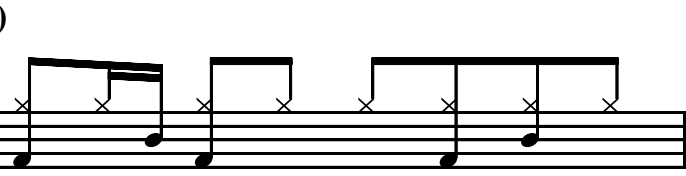
Key things to remember include:

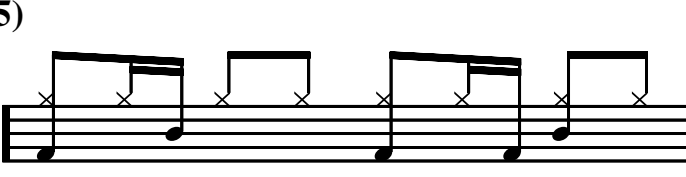
- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

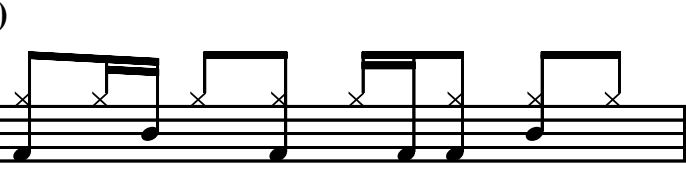
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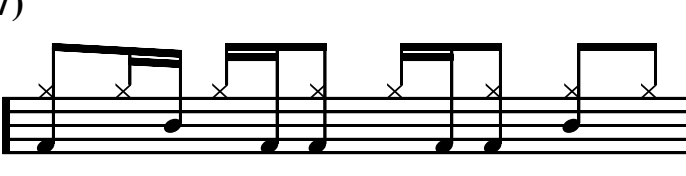
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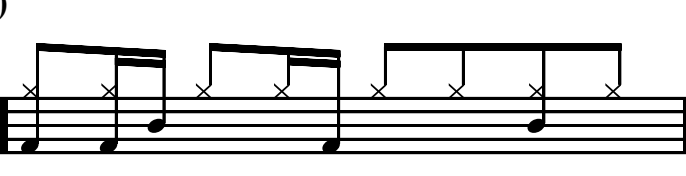
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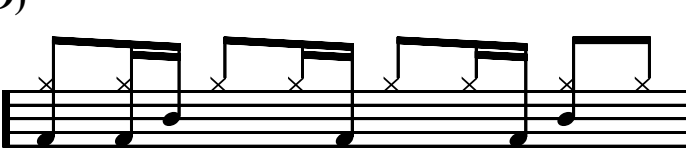
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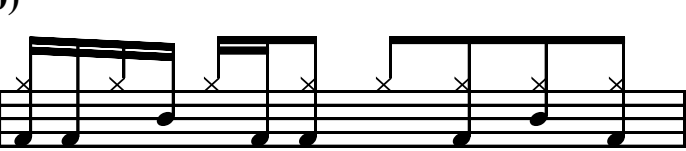
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# Funk Drumming - Lesson Three

Sponsored By - [www.FunkDrummingSecrets.com](http://www.FunkDrummingSecrets.com)

This lesson takes Funk drumming to the next level. Here you will be playing sixteen note patterns on the hi-hats, and filling in the basic Funk feel on the kick and snare. The hi-hat strokes aren't straight sixteen notes, but instead played in groups of three with a rest on the "a". Be sure to go through the first two lessons before playing these beats. It's important that you are comfortable with the style before adding more complexity.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

1) 

2) 

3) 

4) 

5) 

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7) 

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# Funk Drumming - Lesson Four

Sponsored By - [www.FunkDrummingSecrets.com](http://www.FunkDrummingSecrets.com)

This lesson is designed to build on hi-hat independence within Funk drumming. It is similar to the last one, but is based around a shifted hi-hat pattern. The groups of three sixteenth notes are all bumped down an eighth note step. The rest now sits on the "e" of each count. Once you've mastered these beats you may consider playing two bar phrases combining beats from lesson three and four to add hi-hat independence.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

1) 2)

3) 4)

5) 6)

7) 8)

9) 10)



# **Double Bass Drumming**

# Double Bass - Lesson One

Sponsored By - [www.BassDrumSecrets.com](http://www.BassDrumSecrets.com)

This lesson is designed to teach you the very basics of playing two bass drum pedals. The five exercises below only make use of the two pedals, so you are not distracted by trying to play other parts of the kit. It is important that you focus on playing even strokes from both pedals. Most drummers will find their right foot is significantly stronger from previous drumming experience, so it is vital that you focus on training your left foot to keep up.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

1)



2)



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# Double Bass - Lesson Two

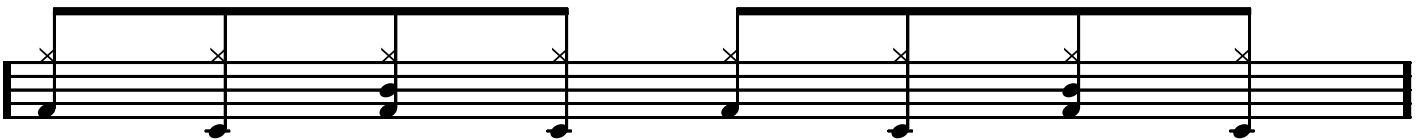
Sponsored By - [www.BassDrumSecrets.com](http://www.BassDrumSecrets.com)

Here in Double Bass Lesson Two you will learn how to incorporate both pedals into beats that use more components of the drumkit. Although they are fairly simple - it is key that you focus on playing both pedals with even strokes. This was brought up in Lesson One, and is being repeated here just to be sure the message gets across. Playing sloppy strokes with your left foot now may hamper your future playing.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

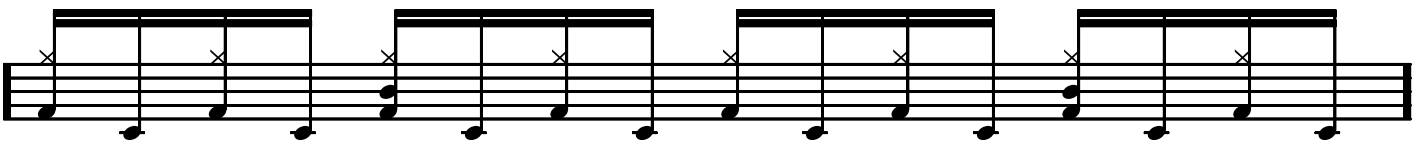
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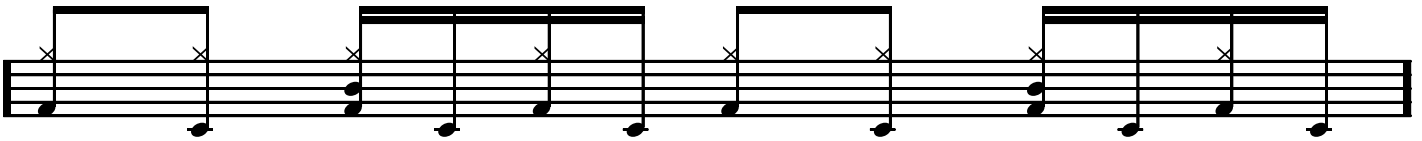
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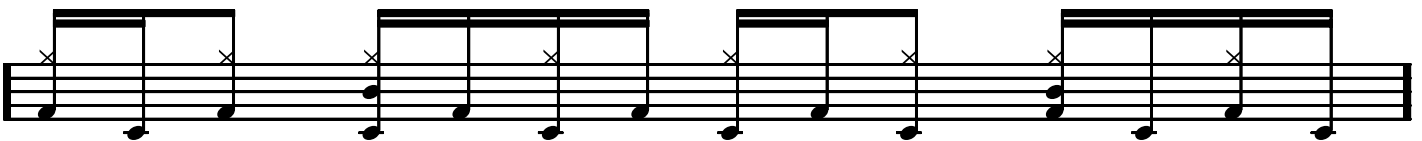
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# Double Bass - Lesson Three

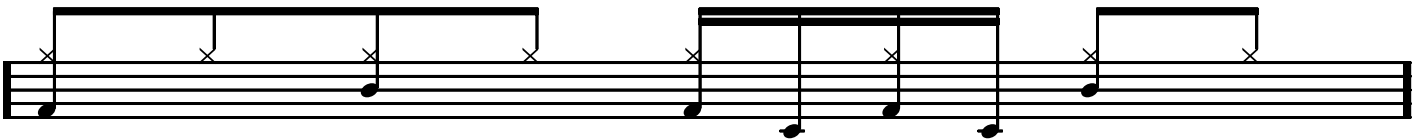
Sponsored By - [www.BassDrumSecrets.com](http://www.BassDrumSecrets.com)

This lesson is similar to the last one. Here you will learn slightly more complex beats that make use of even more double bass playing. Some of the beats have parts that lead off the left foot (no right stroke played before it). This can be a little tricky at first, so you'll want to work your way through them slowly when first learning. Above all - remember that the key to playing double bass is getting even strokes from both feet.

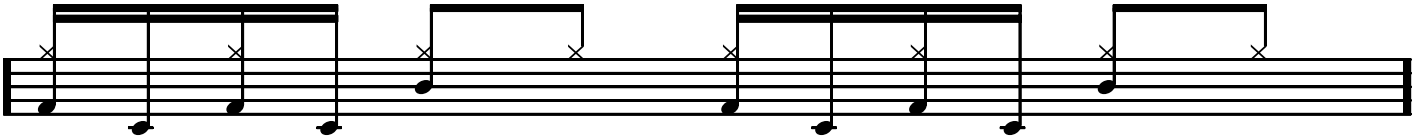
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

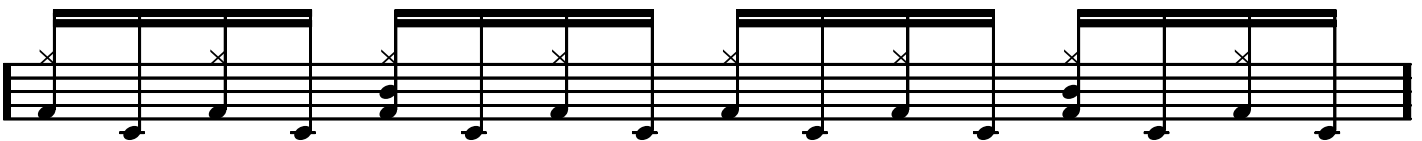
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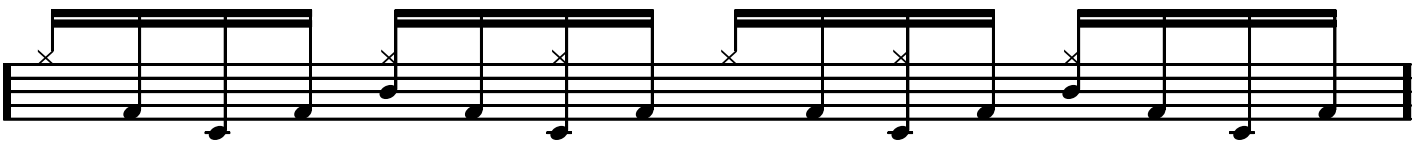
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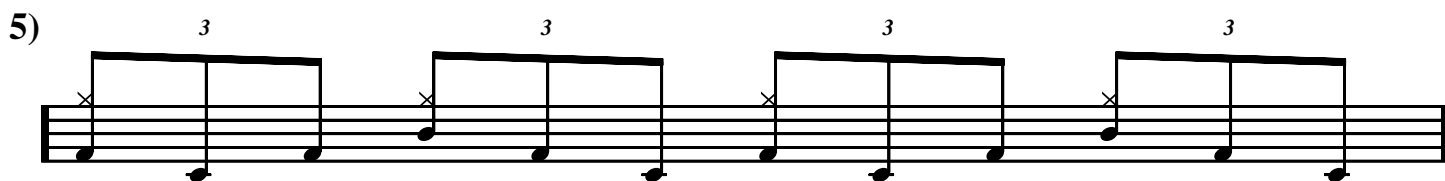
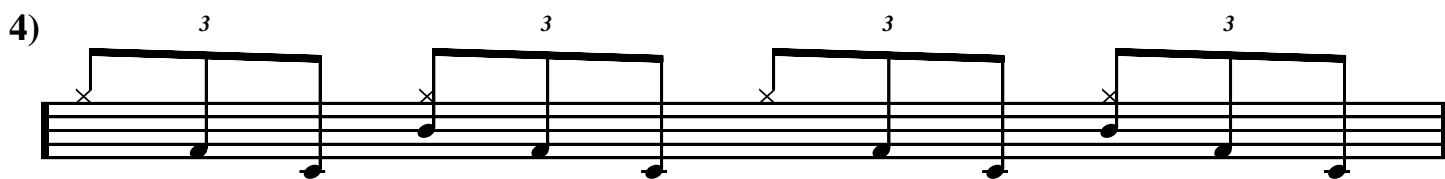
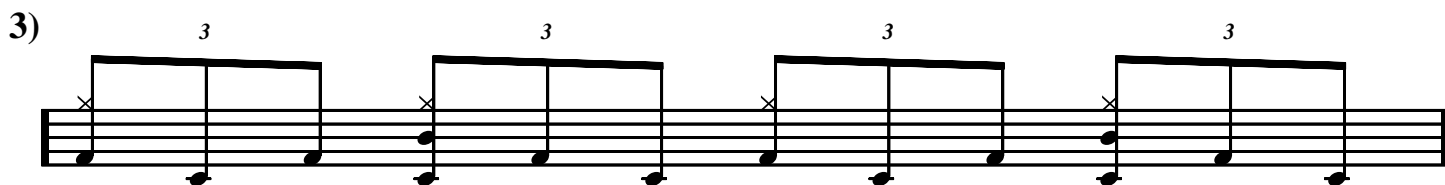
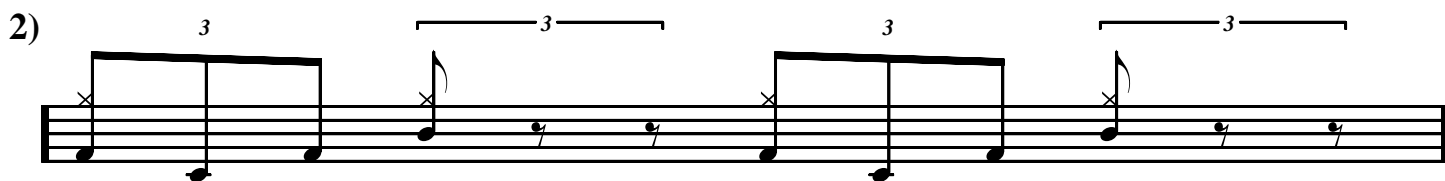
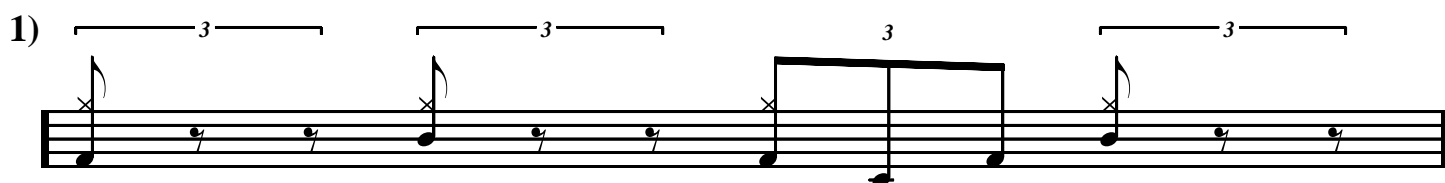
# Double Bass - Lesson Four

Sponsored By - [www.BassDrumSecrets.com](http://www.BassDrumSecrets.com)

This lesson introduces the concept of playing eighth note triplet patterns that incorporate double bass playing. This will make things a little trickier for beginners - especially if they don't have experience playing triplet beats. It can be challenging because the left foot will actually be leading the two and four counts. This is where the strength you have built-up in your left foot (in the first three lessons) begins to pay off.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.



# Double Bass - Lesson Five

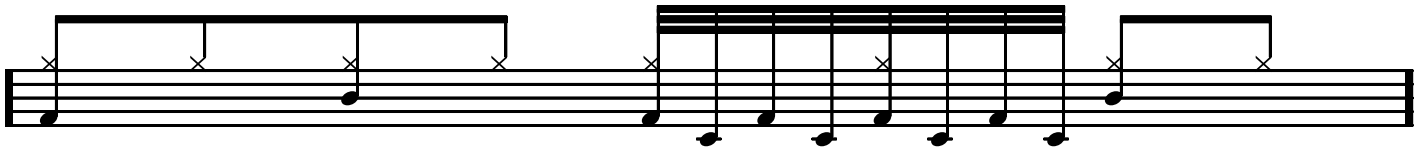
Sponsored By - [www.BassDrumSecrets.com](http://www.BassDrumSecrets.com)

This lesson will introduce you to playing 32nd note patterns on double pedals. It is important to play these faster notes evenly and in-time with the rest of the beat, so be sure to start off at a slower tempo. In fact, when first learning these beats - you will want to play at about half the speed you would use when starting to learn sixteenth note patterns. This way physical limitations won't be an added complication in the learning process.

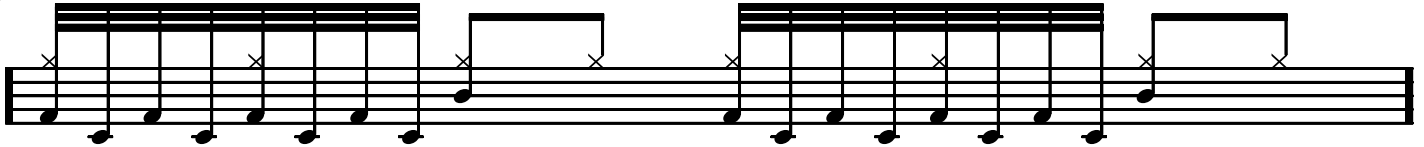
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

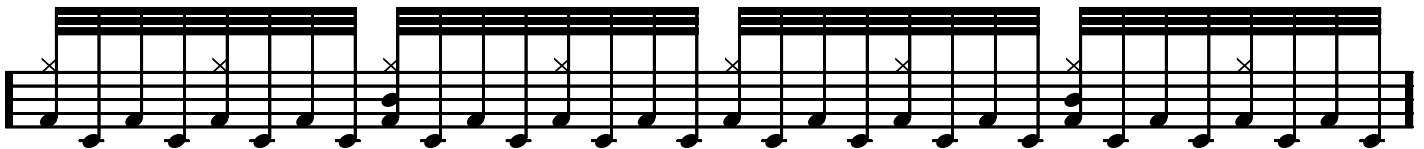
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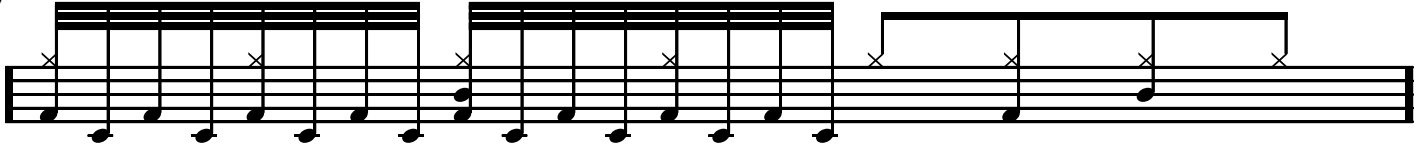
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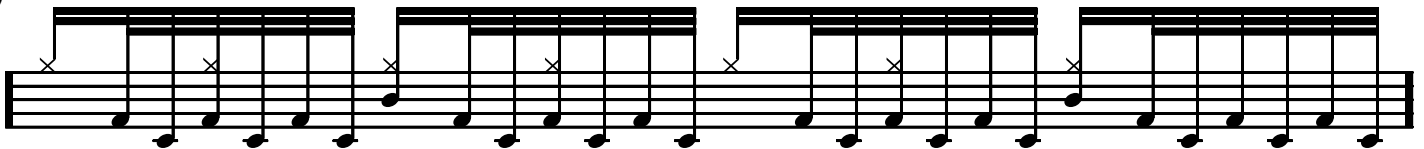
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# Double Bass - Lesson Six

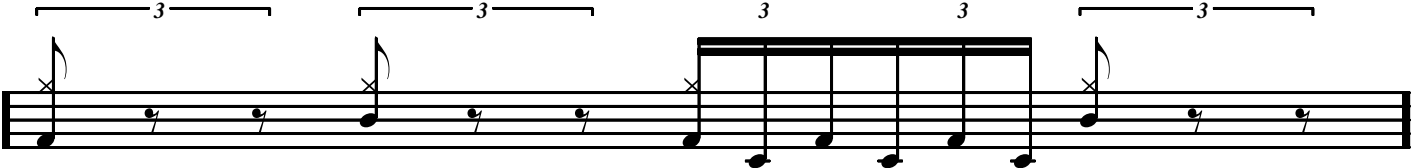
Sponsored By - [www.BassDrumSecrets.com](http://www.BassDrumSecrets.com)

This lesson introduces sixteenth note triplets into the mix. Here you will be using the double pedals in an all new and challenging way. It is highly recommended that you master eighth note triplet patterns before moving on to these more difficult grooves. Always remember - even though the right foot leads on all four quarter note counts - the strength and control of your left foot is key to delivering a consistent sound.

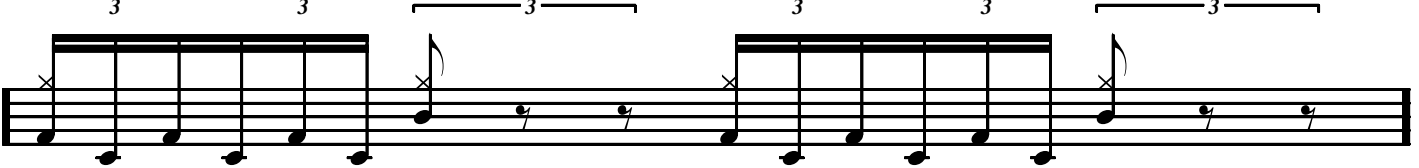
Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

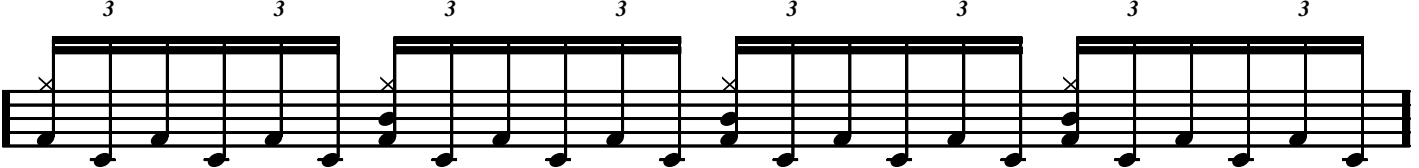
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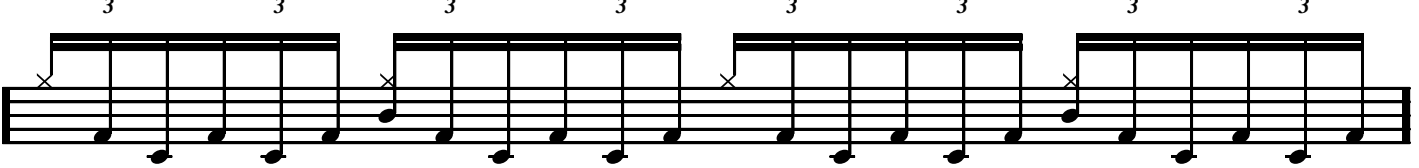
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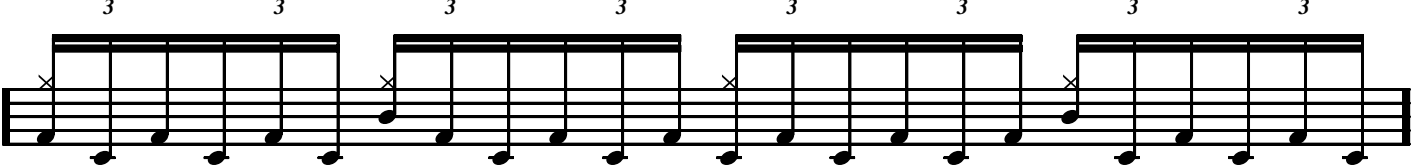
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5)



# **Applying Rudiments**



# Double Stroke Roll - Lesson One

Sponsored By - [www.DrumRudimentSecrets.com](http://www.DrumRudimentSecrets.com)

This lesson introduces the basic double stroke roll. The exercises below allow you to use the sticking in some unique ways. The triplet-based patterns are likely to take a little more practice, but stick with it and I'm sure your playing will benefit greatly.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

1) R R L L R R L L R R L L R R L L

2) R R L L R R L L R R L L R R L L R R L L R R L L

3) R R L L R R L L R R L L R R R R L L R R

3 3 3

4) R R L L etc.

# Single Paradiddle - Lesson One


Sponsored By - [www.DrumRudimentSecrets.com](http://www.DrumRudimentSecrets.com)

This lesson introduces you to playing the single paradiddle in a drum beat format. Most of the beats may appear fairly complex at first, but don't be discouraged. They are all based around the single paradiddle in it's most basic form (r, l, r, r, l, r, l, l...). There are some accents to watch for, but nothing too out of the ordinary. You may find it easier to ignore the accents at first, and incorporate them as you become more comfortable with the beats.


Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

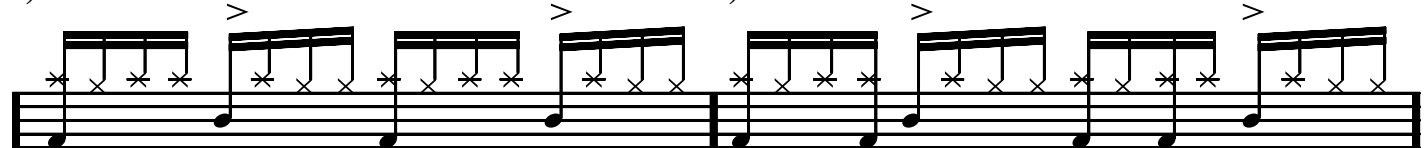
1) 2)




3) 4)




5) 6)



7) 8)



9) 10)



# Single Paradiddle Lesson Two

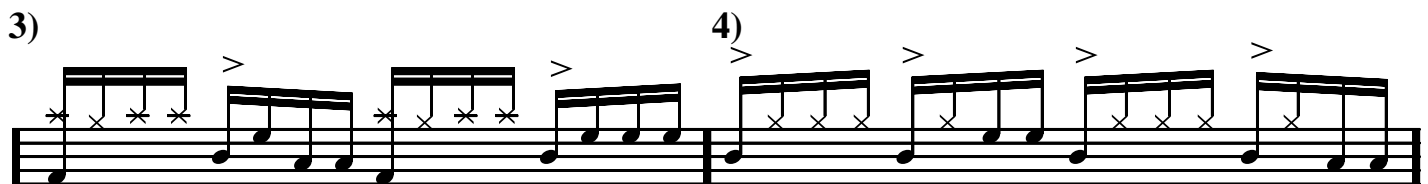
Sponsored By - [www.DrumRudimentSecrets.com](http://www.DrumRudimentSecrets.com)

This lesson takes the single paradiddle beats to the next level. You will begin playing the patterns on more drums and in more complex ways. Be sure you pay special attention to each beat, as it can be easy to scan over some of the intricacies that make up the grooves. The tom and snare patterns can be somewhat difficult at first, but as long as you work through them slowly at first - you should have no problem.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite tunes.

1) 

3) 

5) 

7) 

9) 

# **Drum Fills**

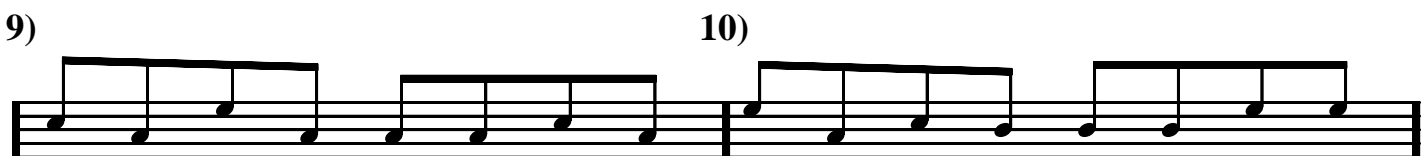
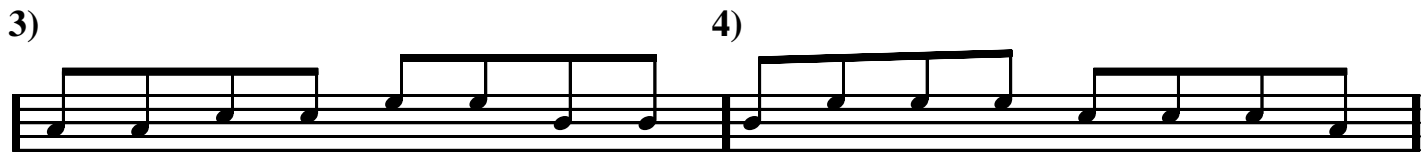
# Drum Fills - Lesson One

Sponsored By - [www.DrumFillSecrets.com](http://www.DrumFillSecrets.com)

This lesson is designed to get you started in playing drum fills. All of the fills here are based on straight eighth note patterns around the drum kit. They should be played with alternating single strokes starting with your lead hand. Once you've mastered them you may consider practicing each using your weaker hand to lead. Most can also be played in double strokes (r, r, l, l, r, r, l, l...) leading with either hand.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these fills along with your favorite tunes.



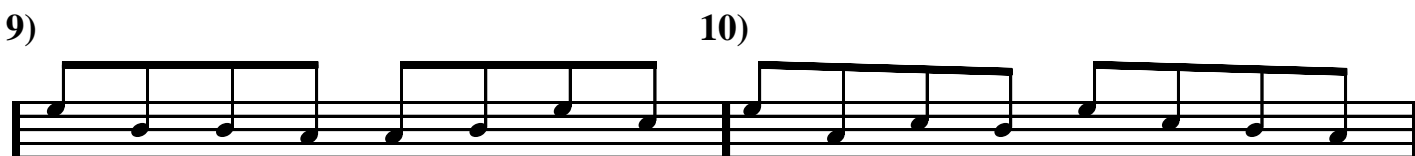
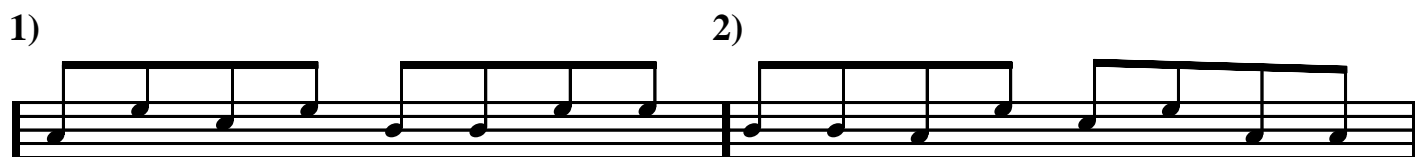
# Drum Fills - Lesson Two

Sponsored By - [www.DrumFillSecrets.com](http://www.DrumFillSecrets.com)

This lesson continues where the last one left off. All of the fills are still based on eighth note patterns that are played around the drum kit with alternating single strokes. Remember that while it is best to first master the patterns using your stronger hand to lead - it is also important that you reverse the sticking and practice leading with your weaker hand too.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these fills along with your favorite tunes.



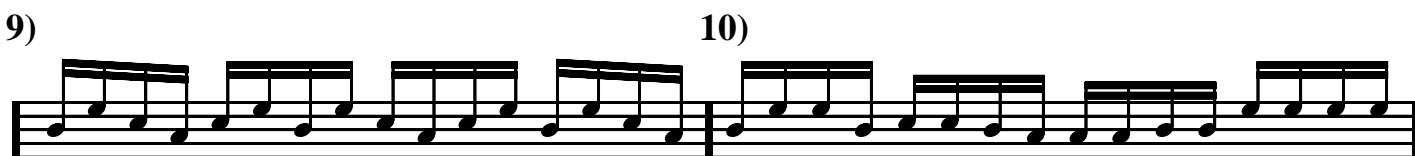
# Drum Fills - Lesson Three

Sponsored By - [www.DrumFillSecrets.com](http://www.DrumFillSecrets.com)

This lesson takes what you've learned in the last two, and applies it in the form of sixteenth notes. Depending on the time signature of the beat you are playing - this can make these fills have a very different feel than those in the first two lessons. Be sure you practice these fills along to a click track - transitioning in and out of drum beats of various time signatures.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these fills along with your favorite tunes.



# Drum Fills - Lesson Four

Sponsored By - [www.DrumFillSecrets.com](http://www.DrumFillSecrets.com)

Like the last one, this lesson contains sixteenth note-based fills. However, unlike the last lesson, here you will find broken up patterns. They include eighth notes, eighth note rests, sixteen notes, and sixteenth note rests. You will likely find these fills significantly more challenging than the previous lessons, so be sure you go through them slowly with a click track at first.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breathe in and out while you practice
- 5) Have fun and play some of these fills along with your favorite tunes.

1)



2)



3)



4)



5)



6)



7)



8)



9)



10)





# Resources

RockDrummingSecrets.com – [Rock Drum Video Lessons](#)

JazzDrummingSecrets.com – [Jazz Drum Video Lessons](#)

FunkDrummingSecrets.com – [Funk Drum Video Lessons](#)

LatinDrummingSecrets.com – [Latin Drum Video Lessons](#)

BassDrumSecrets.com – [Bass Drum Speed Video Lessons](#)

DrumRudimentSecrets.com – [Drum Rudiment Video Lessons](#)

MoellerTechnique.com – [Moeller Technique Video Lessons](#)

Drum-Videos.com – [Drum Technique Instructional Videos](#)

Drum-Kit-Lessons.com – [Free Detailed Drum Set Lessons](#)

DrummerEssentials.com – [Drummer Essentials eBook Site](#)

Drum-DVDs.com – [Technique Training Drum DVDs](#)